

Sage and Cedar

Sandra Molendyk, Dip Arts and Science, BA, GDBA
Intuitive Healer, Reiki Master, Shaman,
Certified LaStone Therapist

Whether an elite athlete, weekend warrior, parent or business executive, Sandra Molendyk is able to help clients excel in all levels of life. With her specialized treatments and workshops, Molendyk would like to “unleash the client’s inner warrior”. At the core of her healing is the ability to heal the heart and spirit. As a Shaman, she is called upon to mediate between the needs of people, forces of the spirit world, and the environment. For generations, the healers of her kind have been relied upon to cure disease, exorcise spirits, promote success in hunting and connect the body with the soul.

As a Sport Shaman and triathlete, Molendyk empowers athletes with unique treatments tailored to improve athletic performance, speed recovery from injury and training, eliminate pre-performance anxiety, and enhance the understanding of the athletes’ mind, body and spirit connection. Providing resources and eye-opening lessons for all, Molendyk has clients around the world who recognize her advanced intuitive and shamanic healing abilities, distant healing and profound knowledge.

As an intuitive healer with healing hands and spirit, Molendyk is able to diagnose ethereal disturbances and encourage healing. She is a spirit-and-soul-recovery specialist with abilities that extend beyond traditional Reiki. “I feel, I see, I structure and I fix, creating concordance and harmony,” she says. The benefits include awakening to one’s inner wisdom, increased self-esteem, learning to trust one’s gifts, spiritual and emotional healing, and a safer, more relaxed, pain-free life.

Her goal in life is to create harmony, joy and respect between people and the environment. While her degrees in environmental science and business have provided her with intellectual might, her true education has come from a much more in depth study of healing, and her power stems from her connection to nature.

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